



Anti-bullying Policy

Forest Fields Primary and Nursery School
Adopted by the Governing Board on: 23 rd September 2025
Signed Chair of Governing Body: <i>James Verran</i> Head Teacher: <i>Shahida Chowdhury</i>
To be reviewed September 2026

ANTI-BULLYING POLICY



Statement of Intent

We are committed to providing a caring, friendly and safe environment for all of our pupils so they can learn in a relaxed and secure atmosphere. Bullying of any kind is unacceptable at our school. If bullying does occur, all pupils should be able to tell and know that incidents will be dealt with promptly and effectively. We are a *TELLING* school. This means that *anyone* who knows that bullying is happening is expected to tell the staff.

What Is Bullying?

Bullying is the repeated use of aggression with the intention of hurting another person. Bullying results in pain and distress to the victim.

Bullying can be:

- Emotional being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures)
- Physical pushing, kicking, hitting, punching or any use of violence
- Racist racial taunts, graffiti, gestures
- Sexual unwanted physical contact or sexually abusive comments
- Homophobic or focussing on the issue of sexuality
- Verbal name-calling, sarcasm, spreading rumours, teasing
- Online: all areas of internet ,such as email and internet chat room misuse. Mobile phone threats.
- Misuse of associated technology , i.e. camera and video facilities or online abuse via social media

Why is it Important to Respond to Bullying?

Bullying hurts. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Pupils who are bullying need to learn different ways of behaving.

Aims of the policy

1. To ensure that all pupils, staff and parents know what is meant by bullying
2. To prevent bullying happening at Forest Fields Primary School
3. To deal with bullying swiftly and effectively when it occurs

Signs and Symptoms

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and that they should investigate if a child:

- is frightened of walking to or from school
- doesn't want to go on the school / public bus
- begs to be driven to school
- changes their usual routine
- is unwilling to go to school (school phobic)
- begins to truant
- becomes withdrawn anxious, or lacking in confidence

- starts stammering
- attempts or threatens suicide or runs away
- cries themselves to sleep at night or has nightmares
- feels ill in the morning
- begins to do poorly in school work
- comes home with clothes torn or books damaged
- has possessions which are damaged or "go missing"
- asks for money or starts stealing money (to pay bully)
- has dinner or other monies continually "lost"
- has unexplained cuts or bruises
- comes home starving (money / lunch has been stolen)
- becomes aggressive, disruptive or unreasonable
- is bullying other children or siblings
- stops eating
- is frightened to say what's wrong
- gives improbable excuses for any of the above
- is afraid to use the internet or mobile phone
- is nervous & jumpy when an online message is received

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated.

1. To ensure that pupils know what is meant by bullying

- To talk regularly about bullying in school assemblies
- To plan regular classroom activities such as weekly circle time sessions, drama and role play on the theme of bullying, at least once every half-term
- Take part in anti-bullying week through assemblies and activities each November
- Ensuring that the PSHE curriculum contains material that promotes positive behaviour
- To give pupils strategies to avoid being bullied/to cope with bullying
- To engage the School Council on the issue of bullying, to speak with them about strategies and possible events/activities

2. To prevent bullying happening at Forest Fields Primary school

- To ensure that all staff at the school are aware of bullying and take it seriously
- For children to be encouraged to report any concerns to staff
- To identify potential situations/areas in the school where bullying might occur and to ensure supervision in these areas
- To make it clear through assemblies, posters etc. that bullying will not be tolerated at this school
- To create a secure environment where each child is valued

3. To deal with bullying swiftly and effectively when it occurs

Staff must take action if they witness bullying or have bullying reported to them; the following guidelines should be followed:

- Calm the situation and separate the people concerned
- Disperse any bystanders
- Give message that bullying will not be tolerated
- Offer victim support
- Record all incidents on CPOMS and the senior leader responsible will process information and deal with it directly if appropriate and record it in the Bullying Incidents Log
- Share information about perpetrators/victims with relevant members of staff sensitively
- Incidents of bullying should be followed up, a victim may be protected in school but be suffering travelling to and from school.
- Staff should be aware of signs of stress, both physical and emotional, which suggest a child is being bullied

Indicators can include:

- The child is reluctant to travel home at the same time as other children
- The child's possessions are lost and their work is destroyed or defaced, clothes may go missing or glasses broken etc
- The child is continually in need of money and tells parents they have either lost it or spent it on unlikely things; it may be stolen or used to buy-off a bully
- The child does not want to go out to play and tries to always stay very close to an adult supervisor
- The child may go to lengths to avoid another child or group of children

Monitoring and Review

The implementation of the policy needs to be monitored by:

- Reports on action by individual class teachers
- Keeping information on incidents of bullying (who, where, when, and how dealt with)
- Regular surveys among children
- Reports of concerns from parents
- Children's projects

All bullying incidents must be logged on CPOMS and a senior leader will:

- See the children concerned
- Liaise with staff and parents where necessary
- Monitor the behaviour of well being of the victim and the behaviour of the bully