

Year 1 Dance Unit 1 Lesson 2

Learning Intentions

1. Perform with an awareness of body shape with a partner.
2. Show control, coordination and spatial awareness.
3. Demonstrate some musicality throughout the performance.

Success Criteria

1. I can perform different body shapes with my partner.
2. I can create a short sequence with my partner.
3. I can recall parts of the jungle book story.

National Curriculum Links

To be able to perform basic shapes and adapt with a partner.

Literacy & Numeracy Links

L To describe shapes using the correct words (curled, straight, etc.).

N Holding shapes for 3 counts.

YouTube Link

[Jungle Book Instrumental](#)[Go to the following link to download this resource:](#)

Starter Activity

Jungle quicksand

- Choose 3 or 4 children to be Tagging Tigers
- The rest of the children are to jog round the 'jungle'/hall
- When a player is tagged they become stuck in the quicksand which means they can not move
- Players can be released by a free player giving them a **high 5 on each hand** – at which point they join back in the game
- Swap Tagging Tigers regularly

Extension: Ask the players to move round in different ways such as jump, leaping, skipping etc

Activity 1

Choose music to support the lesson from the options in the resources tab.

Children will listen to the first section of the Jungle Book. Invite them to imagine what it might be like to be raised by animals, and what it would be like to live in the jungle.

Working with a partner, children are to create three different 'still' shapes, as if they were photographs or statues. Pupils should think about the wolf cubs teaching Mowgli about the jungle, for example how to move on all fours, balancing, curling, reaching. Each shape should be held for 3 counts.

Share some of the shapes created with the rest of the class.

Activity 2

Children are now to add travelling actions in between each shape, for example, balance – **skip** – curl – **hop** – stretch

This will take some time to practice, then allow children time to share these at the end of the class.

Example Jungle Journey:

1. **Straight shape (sleeping on the jungle floor) – hold for 3 seconds**

We are learning...

to move as if we are living in the jungle.

Teaching Points

- Aim to hold body shapes for 3 counts
- Try to perform in unison with a partner
- Use different travelling actions
- Discuss how the dance relates to the story
- You may need to model/demonstrate a few examples of transitioning from shape to travel
- Encourage pupils to respond naturally to the rhythm of the music and express how it makes them feel through their movements

Key Questions

1. What shapes did you choose with your partner and why?
2. Did you work well with your partner?
3. What did you like about your dance or someone else's?
4. How does your dance tell the story of Mowgli so far?

<https://www.youtube.com/watch?v=pVwvSP2KyrU&feature=youtu.be>

2. Log roll (rolling out of the way of the sun) – travel
3. **Stretched shape (rising in the morning) – hold for 3 seconds**
4. Swinging and stepping actions (moving through the trees) – travel
5. **Crouch behind a rock hiding – hold for 3 seconds**
6. Crawl away to safety – travel

Work in pairs to help stimulate ideas for their Jungle Journey