

Year 1 Hit Catch Run Unit 1 Lesson 5

Learning Intentions

1. Run between bases to score points.
2. Work with others to retrieve balls.
3. Make decisions to make it difficult for hitters to score points.

Skill Development: Moving to score

Success Criteria

1. I can explain why I hit into different areas of the field.
2. I can communicate with my team to field and collect balls.
3. I can hit a ball using a bat or racquet.

National Curriculum Links

Mastering agile running movements to run between bases.

Using catching skills to field as a team.

Literacy and Numeracy Links

L Communicate as fielders to get the ball back to the hoop as quickly as possible.

Starter Activity

Follow the Leader

Children need to follow the teacher's movements. Use movements that allow the pupils to warm up using lots of different parts of their bodies. The children should follow as you run, jump and stop.

Extension: Children and teacher have a beanbag/ball and children copy the teacher throwing their beanbag up and catching it.

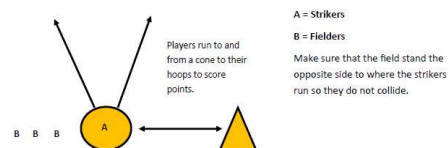
Activity

Assessment for Learning task extended for striking—Play assessment for learning task from lesson 1, but the striker will now hit the ball by self-feeding. Players rotate through striking and fielding roles. If any pupils' cannot self-feed they should hit off a button cone.

Rules changes from lesson 1:

- Instead of jumping in and out of a hoop, strikers should between bases to score points (hoop and cone).
- Players should try to self-feed and hit the ball (advanced) or it off a button cone (development), any type of striking equipment can be used such as rounders bat, cricket bat etc. Regress to hitting off hand or throwing into space for those unable to hit consistently.

Progression for strikers: Fielders can now stand in the playing area so they can try to catch the ball and return it back to the hoop quicker.



We are learning...

to run between bases to score points.

Teaching Points

- Remind children of sideways stance when hitting.
- Encourage children to try and watch where the fielders are when running to try and score as many points as possible.
- Children should use the underarm throwing technique to throw between themselves when fielding to try and get the ball back to the base (Underarm is the throw used over shorter distances).

Key Questions

1. How do you work together to stop the striker from scoring points?
2. Where are you trying to hit the ball to get maximum points?
3. Which hitting technique are you using? (front of hand or backhand).

N Keep track of runs scored when running between bases.