

Year 1 Attack Defend Shoot Unit 1 Lesson 5

Learning Intentions

1. Work with a partner to attack and defend a target against an opposition
 2. Describe simple ways you can work with your partner to score and defend points
 3. Play AFL Task, 2 v 2
- Skill Development:** Attacking and defending with a partner

Success Criteria

1. I can use attacking and defending skills to work cooperatively with a partner.
2. I can talk with my partner to improve play together.

National Curriculum Links

Working cooperatively with a partner in a competitive game

Literacy and Numeracy Links

- L** Using communication skills to work with a partner
- N** Keeping count of how many beanbags/balls successfully go into the hoop

Starter Activity

Sun and Ice

Pick 1 or 2 children to be the 'Sun' and 1 or 2 children to be the 'Ice'. Give each Sun a yellow cone and each Ice a blue cone. All of the other children must move safely around the playing area, avoiding bumping into other children. The Ices need to try and freeze the other children by touching them gently with their blue cone. If the Ice tags you, you must freeze with your hands in the air. The Sun is the only person that can come and free you by melting the Ice by touching the frozen children with their yellow cones.

When touched by the Sun, children are then free to run again. Repeat the game, changing who gets to be the Sun and Ice.

Activity 1

Play the extension task from the last lesson's AFL Task

Step 1: Play AFL Task 2 v 2. Each pair will try to shoot into one of their opponent's hoops, while the other pair defends. Depending on the ability of the pairs, you can decide how to proceed. Either one pair attacks and the other defends, or play with four hoops so they swap depending on which team has possession.

Step 2: Now play an 'open game' with one ball. Both teams can attack and defend. Pairs must make one pass before they can attempt to shoot. If a player intercepts a shot on goal, they can immediately counterattack.

Development: Play 2 v 2 but with only 1 hoop.

Challenge: Make the area the pairs play in bigger.

Extension: Add more targets but of different sizes such as a couple of cones on the backline which are harder to hit but worth bonus points.

We are learning...

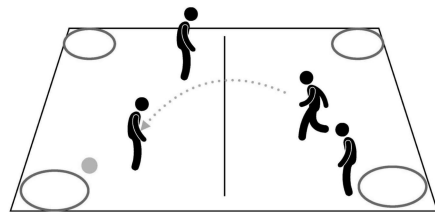
to work with a partner to score points.

Teaching Points

- Encourage co-operative play—communication, waiting in turn patiently etc.
- Encourage passing to score goals for the attacking team.

Key Questions

1. How can you work together to score points and to save points?
2. What tactics are you and your partner using?
3. What types of throws have you used?



Skill Development

Once the children have had an opportunity to attack and defend, stop the activity and discuss how they can work together to shoot or score. Encourage children to make passes to their partner and use all of their space to try and score points. In their groups, practise passing the beanbag/ball to each other.

Passing – Students should hold hands together to form a target for partners to pass to. When passing, they should face the person they want to throw the beanbag to. Players should use passing to create space to score, e.g. if defenders are in front of the targets, attackers should move around their area passing and throwing to draw the defenders out of position.

Defending – How do we show good defensive positions? Have two different-coloured cones. Ask children to offer you a nice catching position when you show one colour cone, then ask them to show you a good defensive position when you show them the other colour.

Task – Go back into AFL task, encouraging pupils to think about their body positions when attacking and defending.