

Year 1 Dance Unit 1 Lesson 6

Learning Intentions

1. Choose and link actions to make short dance phrases that reflect rhythmic qualities.
2. Explore repetition through a dance sequence.
3. Perform dance phrases and short dances that express ideas and feelings.

Success Criteria

1. I can create a dance phrase using counting.
2. I can show repetition in my dance.
3. I can show feeling when I dance.

National Curriculum Links

Linking repetitive actions in a short movement phrase.

Literacy & Numeracy Links

- L** I can explain what repetition means.
- N** I can repeat actions to counts of 8.

Starter Activity

Jungle Game

Place a mat in each corner of the room and split the class equally between the mats. Each mat has is a jungle animal:

- Tiger
- Fish
- Monkey
- Parrott

From the class select 3 children to be taggers. When the teacher calls the children must move off their mat and travel around the room as their designated animal. If they are tagged they must return to their mat. An animal from their own species may release them by coming onto the mat and tagging their hand, they may then re-join the game. Play for a couple of minutes then change the taggers and rotate the groups so they become different animals.

Activity 1

Choose music to support the lesson from the options in the resources tab.

Re-cap last weeks dance and allow the pupils time to perform and refine it for a few minutes.

- 1) Start position close together (hold for 3 seconds)
- 2) At least 2 actions performed for 8 counts each moving further away from your partner
- 3) End position (hold for 3 seconds)

Share some children's work, commenting on how they can improve the moods and feelings in the performance.

Activity 2

- Pupils should now add in a happy friendship action from their previous weeks' work – this might be skipping, spinning together, leading and following etc. They can add this to the start or the end of the middle section – it should last at least 8 beats

We are learning...

to use repeated actions in our dance.

Teaching Points

- Aim to hold the start and end position for 3 seconds.
- Repeat the second section of the dance phrase (middle).
- Use a range of actions with some mood and feeling.
- Create actions that link to the scene in the book.

Key Questions

1. What was your favourite scene in *The Jungle Book*?
2. How can you show your favourite scene with your partner?
3. What actions did you repeat?
4. What would you like to improve in your dance phrase?

- Once children are confident with the basic structure for their dance they are going to use repetition to develop their choreography. Each pair are to repeat each of the 3 middle sections of their dance.

Extension: Pupils add in another action and repeat. Pairs teach each other their dance and perform.

Rehearsal time and share final performances. Audiences are to try and guess what each pair's favourite moment in the book was and offer any feedback to each group.